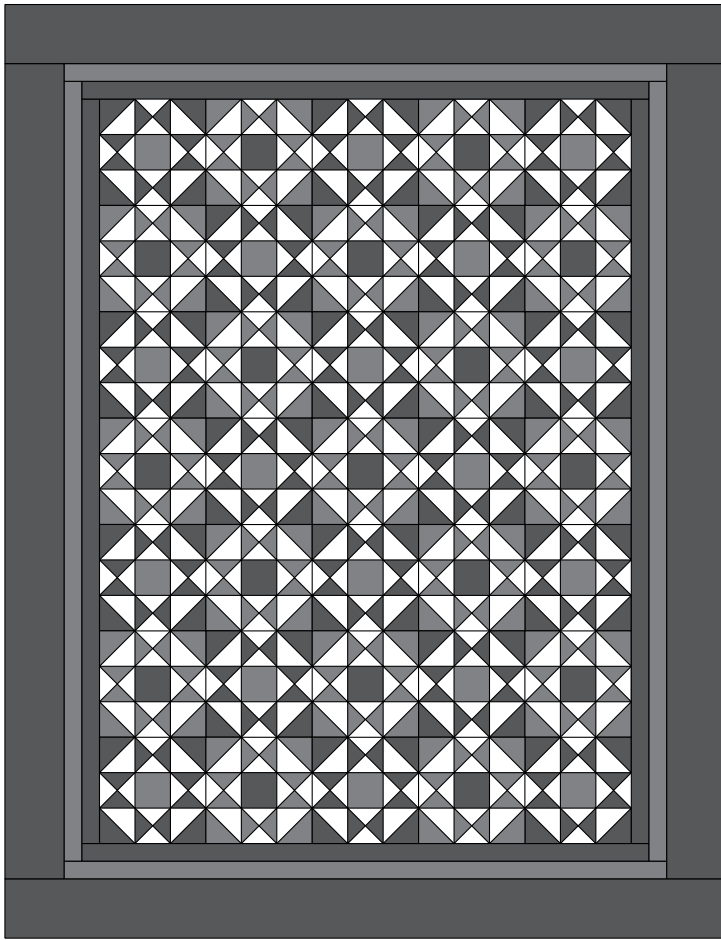


# North and South



A variation of the Ohio Star (in many books called Four-X), this block incorporates half square and quarter square triangles. The red and blue fabrics used in this quilt are very close in value, but stand out against each other because of the contrast in color. Choose fabrics carefully so that both blocks show up equally.

## Fabric Requirements:

White	3 yards
Blue	1 $\frac{5}{8}$ yards
Red	1 $\frac{5}{8}$ yards
Navy blue borders	2 yards
Red inner border	$\frac{1}{2}$ yard

**Triangle Paper™:** 10 sheets 3" Half Square  
11 sheets 3" Quarter Square

I was only slightly generous in the yardage amounts. You will have a few extra half and quarter squares left over. Directions for working with both half square and quarter square paper is on each sheet.

## Cutting:

1. From blue, cut 2 strips 3 $\frac{1}{2}$ " x width of fabric. Cross-cut into 18 -3 $\frac{1}{2}$ " squares.
2. From red, cut 2 strips 3 $\frac{1}{2}$ " x width of fabric. Cross-cut into 17 -3 $\frac{1}{2}$ " squares.
3. From background, cut 21 rectangles approximately 11" x 17" – these are for the half square and quarter square paper.
4. From blue, cut 11 rectangles approximately 11" x 17" – these are for the half square and quarter square paper.
5. From red, cut 10 rectangles approximately 11" x 17" – these are for the half square and quarter square paper.

## Piecing the Blocks:

1. Layer white and blue fabrics, right sides together; place half square paper against white fabric. Use 5 sheets. Stitch on all the dashed lines, cut on all the solid lines, tear paper away, and press seams toward darker fabric. Trim all dog ears. Repeat for quarter square paper. Use 6 sheets.
2. Layer white and red fabrics, right sides together; place half square paper against white fabric. Use 5 sheets. Stitch on all the dashed lines, cut on all the solid lines, tear paper away, and press seams toward darker fabric. Trim all dog ears. Repeat for quarter square paper. Use 5 sheets.
3. Piece quarter square units together to complete the square.



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